

Ardrishaig Primary School Early Learning and Family Centre



Sex Education Policy

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Aims and Objectives of the Policy

- To reassure children of their value and self-worth including aspects of dignity, self respect and self-restraint.
- To nurture a responsible attitude towards personal relationships including aspects of mutual respect and care and to develop sensitivity towards the needs of others.
- To provide knowledge of loving relationships.
- To provide knowledge of human reproductive processes.
- To inform children on matters of personal hygiene and related health issues.
- To encourage exploration of values and moral issues taking into account physical and moral risks associated with certain behavior.
- To educate against discrimination and prejudice.

Equal Opportunities

In support of the equal opportunities policy all Ardrishaig pupils regardless of age, ability, sex or race will have the same opportunities to benefit from the sex education resources and teaching methods.

Content of the School's Sex Education Programme

Staff will take particular care to ensure that the teaching materials used will be of a very high quality and that they and the aspects of the topics covered, will be appropriate to the needs and ages of the pupils at Ardrishaig within the context of moral considerations and the value of family life.

The content outline is as follows:

Family life – Information about many family patterns to include single parents, extended families and different religious and cultural backgrounds

The Human Body – Biological information including that about sexual organs and sexual responses.

Reproduction – Conception, pregnancy, birth, childcare and parenthood.

Human Development – Childhood and ageing, puberty and adulthood, menstruation and hygiene.

Organisation of the Sex Education Programme

P1-7 Loving, caring and supportive relationships and family life.

Awareness of personal boundaries, what behavior is right and wrong and who they can talk to if they are worried about this.

Personal hygiene at an age and stage appropriate level.

Human development – childhood, babies growing, ageing and adulthood.

Life cycles across the animal/insect kingdom.

P5 As above plus: differences between male and female.
Discussion of the changes that take place as we grow.
How babies are made and how babies are born.

P6-7 As above plus: Information about the human body and sexual organs.
Puberty for boys and girls.
Reproduction, conception, pregnancy and birth.

Teaching staff will teach the factual content using the BBC material 'Living and Growing'. School Health may also be asked to deliver some lessons and be available to answer children's questions. All sex education will be taught in mixed sex classes. Children will know that they are free to question further and discuss issues with their own or another teacher.

Parental Involvement

We seek to consult with parents and carers to give them the opportunity to view the teaching material and discuss what they are comfortable with their children learning. Our aim is to work in partnership with parents and give as much information as possible about what their children will be learning in school and how they can support this at home.

Notification will always be sent to parents in advance of lessons on sexual health and reproduction and an opportunity will be given to view the teaching materials and discuss any concerns with staff.

Child Withdrawal Procedure

If parents or carers feel they do not want their child to take part in these lessons then they must inform the Head Teacher in writing and understand that their child will be given appropriate work to do in another class during this time.